

## SUGGESTED KIT LIST

### FOR RESIDENTIAL GUESTS

**Towels, soap, toothbrush** and other wash-kit items such as toothpaste and shampoo.

**Nightwear** (we provide everything on the bed (sheets, pillows, duvet etc) but you need to bring what you wear in bed. *Remember that our bedrooms are normally quite warm.*

**Changes of underwear and outer clothes** to last you through the time you are here.

**Indoor shoes**

### IF YOU ARE TAKING PART IN ACTIVITIES INCLUDING DAY GROUPS (or plan to go outside for walks or sport)

**Warm clothes** such as sweatshirts, hoodies and track-pants (plus a woolly hat and gloves in the winter).

**Long trousers** (important for safety on some activities) but not trousers that will be stiff or heavy when wet

**Waterproof** jacket (and over-trousers if you have them) because you may have to sometimes wait in the rain during an activity.

**Trainers**—at least 2 pairs, one that you don't mind getting wet and maybe muddy on activities and another to wear indoors for the dining room, meeting rooms and sports hall.

**Wellies** (especially if you plan to go for any walks in the forest or countryside nearby) but they are not suitable for on-site activities

**Old clothes for activities** like Raft Building where you may get wet and muddy. Old trainers or wet shoes. They may lose or damage shoes on activities.

**Swimming costume** for under clothes if required

### IMPORTANT THINGS TO REMEMBER

**Pocket money** for the shops (if your group leader has booked)

**Water bottle/Drinks container** to take out on activities (especially in the summer)

**Plastic bags and bin liners** to put dirty and damp clothes into for taking home

**Cap or sun hat, sun block**

**Cuddly toy, games, playing cards**

**Any medication** should be given to your group leader

### WE RECOMMEND

**Medicines, inhalers** etc are handed over to your group leader for safe keeping during the stay and issued to you when required.

**Everything** is marked or labelled with your name.

**NAYC/ACUK - PIONEER CENTRE CANNOT BE HELD RESPONSIBLE FOR ANY LOSS, DAMAGE OR THEFT TO ANY PERSONAL PROPERTY - therefore we advise everyone not to bring expensive or favourite items.**

*A reminder for school groups. Most school groups arrive during the morning on a weekday and their first meal from the centre will be early evening. This means that you need to bring a packed lunch from home on day one please.*

**DO NOT BRING HIGH VALUE OR ELECTRICAL ITEMS** (such as mobile phones, i-pads, crimping/curling tongs or iron) they may get damaged or lost.

**TO TAKE PART IN ACTIVITIES** No jewelry can be worn; they must wear suitable clothing - including shoulder length tops and knee length bottoms; Hair must be tied back; enclosed suitable footwear

**TO ENSURE A SAFE AND ENJOYABLE STAY** We do not tolerate bullying and discrimination. We ask that everyone is treated with respect and that guests follow all instructions.

**LOST PROPERTY MUST BE CLAIMED PROMPTLY** Unclaimed items will be disposed or given to charity