

Risk & Operational Assessment Activities / Canoeing

Centre: Whitemoor Lakes	Assessed By: Nicola Whiting (Chief instructor) Robin Jones (Senior Instructor) Chris Browning (senior instructor)	ASSESSED	REVIEW	ASSESSED	REVIEW
		May 2013	Nov 2013	Nov 2016	Nov 2017
		Nov 2013	Nov 2014	Nov 2017	Nov 2018
		Nov 2014	Nov 2015	Nov 2018	Nov 2019
		Nov 2015	Nov 2016	Nov 2019	Nov 2020
		April 2021	April 2022		

Overview- Canoeing is offered as a one and a half hour taster session on our 40 acre lake or as part of a progressive course. The session will be run by 2 staff both of whom will have a minimum of BC 2star/Paddle Explore award and FSRT award plus in-house assessed, one of the staff will also have a minimum of BC Paddle sports instructor. (freelance staff will have a minimum of BC Paddle sports instructor)
Ratio 2:12 + 1 or 3:24 (under special circumstances)

STEP ONE	STEP TWO	STEP THREE	STEP FOUR	STEP FIVE
List significant hazards here:	List groups of people who are at risk from the hazards you have identified:	List the Control Measures for the identified risks:	Identify any residual risk remaining after the control measures have been put in place:	Identify any benefits that may result from exposure to the perceived and residual risk for participants:
Drowning	Instructors Guests	Buoyancy aids Group leader responsibilities		The perceived risk is reduced and it is not as bad as they first thought.
Capsizing	Instructors Guests	Safe working practice FSRT Award First aid trained staff	Weather elements or unstable rocking of the canoe by paddlers.	
Entrapment	Instructors Guests	Rescue assessments Suitable rescue equipment Knives and whistles are carried by instructors on session.		Exposure to cold/heat and inclement weather has proven positive developmental effects and teaches people about their
Head Injury	Instructors Guests	Equipment safety checks Safety Rules	Injury to body not protected by helmet.	
Cold/Heat/weather	Instructors Guests	Helmets Safety Rules	Weather-wind and/or	

<p>Water Quality (Weil's /algae)</p>	<p>Instructors Guests</p>	<p>Centre is within 200m of the north shore Adequate clothing for the environment, survival shelters available if needed. First aid and near miss forms</p>	<p>rain/Sun/lightning</p>	<p>limitations.</p>
<p>Unauthorized access</p>	<p>Instructors, guests, member of the public</p>	<p>Hand sanitiser/showing facilities.</p>	<p>Small amount in water</p>	<p>Having the lake open creates a natural outdoor environment from which groups benefit.</p>
<p>Wildlife</p>	<p>Instructors Guests</p>	<p>Signage, Safety talk at beginning of groups stay, Area left tidy after use</p>	<p>Misuse of equipment by outside parties/ trespassers.</p>	
<p>Manual Handling</p>	<p>Instructors Guests</p>	<p>Manual handling training Manual handling briefing on sessions.</p>	<p>The Unpredictable nature of animals. Mistakes can still be made, human nature.</p>	<p>Can relate to all forms of work and life, so adaptive depending on circumstances.</p>