

Risk & Operational Assessment Activities / Canoeing

Next Review: Dec 2023

Centre: Whitemoor Lakes	Assessed By: Nicola Whiting (Chief instructor) Robin Jones (Senior Instructor) Chris Browning (senior instructor) Luke Austin (Senior Instructor)	ASSESSED	ASSESSED		
		May 2013	Nov 2016	March 2023	
		Nov 2013	Nov 2017		
		Nov 2014	Nov 2018		
		Nov 2015	Nov 2019		
		April 2021	April 2022		
<p>Overview- Canoeing is offered as a one-and-a-half-hour taster session on our 40 acre lake or as part of a progressive course. The session will be run by 2 staff both of whom will have a minimum of BC Paddle Explore award and PSRC award plus in-house assessed, one of the staff will also have a minimum of BC Paddle sports instructor. (Freelance staff will have a minimum of BC Paddle sports instructor) Ratio 12+1 or 3:24 or 2:16 (under special circumstances with consent from the group leader)</p>					

STEP ONE	STEP TWO	STEP THREE	STEP FOUR	STEP FIVE
List significant hazards here:	List groups of people who are at risk from the hazards you have identified:	List the Control Measures for the identified risks:	Identify any residual risk remaining after the control measures have been put in place:	Identify any benefits that may result from exposure to the perceived and residual risk for participants:
Drowning	Instructors Guests Public	Buoyancy aids Coach responsibilities Safe working practice PSRC Award First aid trained staff	Instructors may panic and forget what they have been trained	The perceived risk is reduced and it is not as bad as they first thought.
Capsizing	Instructors Guests	Teaching of capsize drill	Weather elements or unstable rocking of the canoe by paddlers.	Instructors are there to help them back onto their boat. Feeling of safety.
Entrapment	Instructors Guests	Equipment safety checks Safety Rules Boats fitted correctly Knives and whistles are carried by instructors.	Instructors may panic and forget what they have been trained	

Head Injury	Instructors Guests	Helmets Safety Rules	Injury to area not protected by helmet.	Encourages awareness of potential hazards and risk
Water Quality (Weil's /algae)	Instructors Guests	Hand sanitiser/showing facilities.	Small amount in water	Encourages proper hygiene practices
Wildlife	Instructors Guests	Briefing about any animals	The Unpredictable nature of animals.	Having the lake open creates a natural outdoor environment from which groups benefit.
Cold/Heat/weather	Instructors Guests	Centre is within 200m of the north shore Adequate clothing for the environment, survival shelters available if needed. First aid and near miss forms.	Weather-wind and/or rain/Sun/lightning	Exposure to cold/heat and inclement weather has proven positive developmental effects and teaches people about their limitations.
Unauthorized access	Instructors, guests, member of the public	Signage, safety talk at beginning of group's stay, Area left tidy after use, no paddles to be left by the lake.	Misuse of equipment by outside parties/ trespassers.	Having the lake open creates a natural outdoor environment from which groups benefit.
Adverse Weather (lightning, high winds)	Instructors Guests Public	Maybe cancelled due to lightening or high winds		Having the lake open creates a natural outdoor environment from which groups benefit.
Injury from poor Manual handling	Guests Instructors	Brief given to best practice	Risk of participants injuring themselves through poor technique remains. Mistakes can still be made, human nature.	Can relate to all forms of work and life, so adaptive depending on circumstances.

Swim/water games	Guests Instructors	Boundaries with clear instructions to anyone entering the water. Instructor to be ready with throwline and to be stood in the water.	Guests choose to ignore rules.	Opportunity to have fun in a safe environment to create memories
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