

# Risk & Operational Assessment Activities / Lake Walk

Next Review: Dec 2023

Centre: Whitemoor Lakes	Assessed By: Nicola Whiting (Chief instructor) Robin Jones (Senior Instructor) Luke Austin (senior instructor)	ASSESSED	ASSESSED	ASSESSED			
		Nov 2013	Nov 2017	Oct 2021			
		Nov 2014	Nov 2018	Oct 2022			
		Nov 2015	Nov 2019	March 2023			
		Nov 2016	Nov 2020				

Night walk is offered as an activity for groups, it is a great session for building on social interaction between leaders and groups members, whilst also continuing to grow in peer to peer relationships. Groups walk around the lake completing several challenges on the way. Ratio is 2:48.

STEP ONE	STEP TWO	STEP THREE	STEP FOUR	STEP FIVE
List significant hazards here:	List groups of people who are at risk from the hazards you have identified:	List the Control Measures for the identified risks:	Identify any residual risk remaining after the control measures have been put in place:	Identify any benefits that may result from exposure to the perceived and residual risk for participants:
Lake/ River	Instructors Guests	Safety Brief SOP's Staff Training Route to avoid river	Individuals may not follow the safety brief.	Exploring the natural environment had proven developmental benefits.
Getting Lost	Instructors Guests	Route is within sight of the centre at all times. Group to remain close to instructor. Never more 20 minutes-walk from the centre.	Individuals may leave the group and wander off.	Exploring the natural environment had proven developmental benefits.
Slips, trips, falls	Instructors Guests	First aid trained staff First aid kits carried by instructors.	Uneven ground may result in minor injuries from falls. Accidents may occur despite safety brief due to darkness.	

Weather conditions	Instructors Guests	Checking suitability of clothing and footwear for that day. Checking forecasts	Negative effects of weather on individuals can never be fully removed.	Exposure to cold and inclement weather has proven positive developmental effects and teaches people about their limitations.
Injury from equipment.	Instructors Guests	First aid trained staff First aid kits carried by instructors. Monthly safety Checks	Accidents may occur despite safety brief due to darkness.	