

# DISABILITY, ADDITIONAL, OR SPECIAL NEEDS FACILITIES & EQUIPMENT AVAILABLE TO SUPPORT YOUR STAY

At the pioneer centre we aim to support any guest who has a disability, additional or special needs in the best way possible. To help with this we have a number of bedrooms with accessible bathrooms, a range of portable equipment to assist guests in their accommodation and have adapted many of our activities to make them more accessible.

Facilities & Lodges with adaptations MUST be booked by the group leader in advance.

Below are some of the facilities and items you may find helpful. Please note that all items are subject to availability.

### **OUR SITE**

The Pioneer centre occupies a 25-acre site with a range of outdoor and indoor activity facilities. Most areas of the grounds are accessible via paved or tarred pathways with slopes and ramps in some areas. In a number of areas we have installed pathways to assist wheelchair users, especially in the event of an emergency evacuation.

#### **OUR ACCOMMODATION**

The main communal areas are fully accessible and accommodation lodges are integral to the main buildings.

Our dining room includes some height adjustable tables to ensure wheelchair users can sit comfortably.

Three of our accommodation lodges have rooms with en-suite wet rooms and fixings for grab rails, seats etc within the bath-room. These rooms can have profile beds swapped in.

Two of these rooms have installed ceiling hoists and have appropriate call alarm systems.

In addition to the specifically equipped rooms there are 56 other bedrooms across 5 lodges that are accessible but have baths rather than wet-room showers.

Treetops and Weston Noble lodges are **not wheelchair** accessible as they have stairs.

**EQUIPMENT** (available to any centre guest, booked in advance by group leader and subject to availability)

Shower Chair (self propelled) Shower Chair with commode (self propelled)

Fixed-to-wall grab rails for toilet Ceiling Hoist Fixed-to-wall adjustable shower seat and grab rails

Profiling Bed Portable Hoist

Clinical waste bins and disposal facility Bed Guards

Fall alarms (public and lodge accessible toilets only)

Medication Fridge

**Ceiling Track Hoist** 

Any equipment provided by the Centre **MUST** be used by a competent and trained person. All equipment should be individually risk assessed and checked for suitability by the Group Leader/competent person.

#### TO ENHANCE YOUR EXPERIENCE

We have put together a sensory trolley containing many items, along with soft foam blocks and sensory bags for during activity time, to help provide a relaxing and supportive environment and safe play area.

Assistance dogs are welcome—please ensure advanced notice is provided if an assistance dog will be accompanying a guest as specific instructions will be provided to ensure a safe and positive stay for everyone.

TO ENSURE ANY VISIT IS SUCCESSFUL WE STRONGLY RECOMMEND ALL THOSE MANAGING SEND GUESTS PROCESS TO ARRANGE A VISIT EARLY IN THE BOOKING PROCESS TO ENSURE NEEDS CAN BE MET.

## Activities—General Suitability (for guidance only)

This document is intended to be used as a GUIDE only. The information provided shall not be understood or construed as professional advice. The information provided is not a substitute for professional advice and no guarantee is given for any individual who uses this document. It is recommended that the information should be checked by a suitably qualified & competent person and any decision made in conjunction with consultation with the participants doctor prior to engaging in any activity.

Our instructors are trained to ensure the safety of all guests and reserve the right to, where there are concerns of possible harm or injury, not proceed with a given activity. In order to ensure safe participation all medical information should be supplied through the bookings process to ensure the programme and activities offered can meet the needs of every individual.

	High Impact Activities are not suitable for those with:  • Heart conditions  • Pregnancy  • Spinal injury  • Or pre-existing injury notes/safety requirements	FULL MOBILITY  Or nearly full mobility, but poor co-ordination	Can stand, walk or climb stairs with or without help for short periods. Relies on a wheelchair or other mobility aid for long periods	Essential wheelchair user or unable to stand unaided but retains some upper body/arm functionality	UPPER LIMB IMPAIRMENT  Retains full use of legs and can stand and move unaided but has little upper body functionality	QUADRIPLEGIA  Essential wheelchair user or unable to stand unaided, combined with restricted upper body/arm functionality		
IN THE AIR	THE AIR Activities may have weight, height and size restrictions and all roped/harnessed activities are generally suited to ages 8 and up. Max weight is 120kg unless otherwise stated							
GIANT SWING	Participants must be able to wear a helmet and a harness and climb steps to a platform—challenging activity	<b>√</b>	✓	(Will require assistance or lifting up and down steps to access the swing bar)	✓	*		
ABSEILING •	Participants must be able to wear a helmet and a harness and climb steps to the top of a tower	✓	✓	×	(may require instructor to control descent)	×		
TREK COURSE	Participants must be able to wear a helmet and a harness and climb steps to a platform—challenging activity	✓	✓	✓	(will require instructor guidance through course)	(will require instructor guidance through course)		
CLIMBING	Participants must be able to wear a helmet and a harness	✓	(weight can be supported by a rope)	(weight can be supported by a rope, may find challenging)	(weight can be supported by a rope, may find challenging)	(alternative climbing stye provided)		
HIGH ROPES	Participants must be able to wear a helmet and a harness	✓	(weight can be supported by a rope)	(weight can be supported by a rope, may find challenging)	(weight can be supported by a rope, may find challenging)	(alternative climbing stye provided)		
POWER FAN	Participants must be able to wear a helmet and a harness and climb a ladder style pole unassisted	✓	✓	×	×	×		

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IN THE AIR	Activities may have weight,	, height and size restrictions a	nd all roped/harnessed activities a	re generally suited to ages 8 c	and up. Max weight is 120kg u	ınless otherwise stated
ZIPWIRE •	Participants must be able to wear a helmet and harness, participants can be hoisted into place	✓	✓	✓	✓	✓
OFF-SITE CLIMBING	Participants must be able to wear a helmet and harness	✓	✓	✓	*	×
WHEELCHAIR ABSEIL	Participants must be able to be transferred into the centre's abseil wheelchair and or have a suitable wheelchair for abseiling)	✓	✓	✓	✓	✓
ON THE WATER						
RAFT BUILDING	Participant must be able to wear a buoyancy aid and helmet	✓	✓	(supporting role if deemed unsafe to get on raft)	(supporting role if deemed unsafe to get on raft)	(supporting role if deemed unsafe to get on raft)
<b>EVENING ACTIVIT</b>	TES					
CAMPFIRE		✓	✓	✓	✓	✓
NIGHTWALK	Group walk that may be an on-site or off-site route	✓	(dependent on route's suitability for wheelchair)	(dependent on route's suitability for wheelchair)	✓	(dependent on route's suitability for wheelchair)
DISCO	Can include talent show	✓	✓	✓	✓	✓
WIDE GAMES	Can be run across all accessible areas of the centre	✓	✓	✓	✓	✓

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CHALLENGE/TAST	ERS					
LOW ROPES	Participants must be able to wear a helmet, course includes wire walks, balance beams and roped elements	✓	(may find participation difficult)	×	(may find participation difficult)	×
ARCHERY •	Indoor archery range equipped with self standing upright and horizontal bows	✓	$\checkmark$	(can be done seated)	✓	✓
FENCING	Participants must be able to wear a protective jacket and mask, foam weaponry available if required	✓	(can be done seated)	(can be done seated)	(can participate in all but dualling)	*
TEAM GAMES/ ICEBREAKERS	Indoor or Outdoor, can be uneven terrain	✓	(can participate or take up a supporting role)	(can participate or take up a supporting role)	(can participate or take up a supporting role)	(can participate or take up a supporting role)
CAVING •	Tunnels are approximately 1m², but contain additional obstacles. Participants bust be able to wear a helmet or padded cap	✓	(provided participant is comfortable crawling)	(provided participant is comfortable crawling)	(provided participant is comfortable crawling)	*
OFF-SITE WALKS	Group walk through local village/ countryside	✓	✓	✓	✓	✓
ORIENTEERING	Fully accessible on-site routes are available	✓	✓	✓	✓	✓
NIGHTLINE	Participants must be able to wear a blindfold and helmet	✓	(provided participant is comfortable crawling)	×	×	×
INITIATIVE GAMES	Involves a variety of skill, logic or design/construction tasks	✓	✓	✓	✓	✓

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CHALLENGE/TAST	ERS					
CHALLENGE COURSE	Course elements include climbing and crawling. Participants must be able to wear a helmet	✓	(may find participation difficult)	*	(may find participation difficult)	*
LASER TAG	Weather dependant activity, can be indoor/outdoor run, participants must be able to wear a helmet and sensors on head	✓	✓	✓	(may find participation difficult)	*
CIRCUS SKILLS	Variety of skills and tricks, some unsuitable depending on physical functionality	✓	✓	✓	✓	×
INFLATABLE CHALLENGE	Large inflatables, challenges can be given or a more relaxed alternative	✓	✓	(may find climbing the slide very challenging)	(may find climbing the slide very challenging)	(transfer will be required to get guest on and off the inflatables)
TEAM BUILDING	Elements include climbing and crawling, participants can miss these out	✓	✓	×	(may find some elements very challenging)	×

<sup>•</sup> Depending on the level of a guest's ability we may be able to offer this activity in a slightly adapted fashion, you should check with the centre first as an adapted programme may be required